

# Patient-completed medical history form

## Woman

Infertility since Weight Folic acid (drug name?) + vitamins	Stopped contraception (when, which methods)  Height Medication
Genetic tests (please bring reports)	
Fallopian tubes checked <input type="radio"/> <b>yes</b> <input type="radio"/> <b>no</b> Results? (please bring reports) How: HSG X-ray/ HyCoSy ultrasound/ LSC surgery?	
Previous infertility therapies (please bring reports)	Which/when/where/pregnancies?
Previous pregnancies	Year? Outcome?
Personal medical history: general health problems/ diseases	Iron deficiency? Hypothyroidism? Hepatitis?
Surgeries	
Gynecological diseases	Acne? PCO syndrome? Fibroids? Endometriosis? Pelvic inflammatory diseases? Abnormal PAP smear?
Previous hormone use	e.g. Pill? How was it tolerated?
Family history	e.g. Breast cancer, abdominal cancer, thromboses, embolisms, genetic diseases? Diabetes?
Last annual gynecological check-up	Last dental check-up
Allergies	e.g. Latex, medications
1st day of cycle (=1st day of proper bleeding)	Age at onset of 1st period
Period / cycle	Duration in days? Interval in days? Regularity? Spotting? Blood clots?
Abdominal pain	At the time of the period? Taking painkillers? During sexual intercourse? When using the bathroom?
Performed home ovulation tests (LH-tests)?	If yes, how often positive?
Nicotine (cigarettes/ vape/ number)	

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## Man

Weight	Height
Genetic tests (please bring reports)	
Medication	
Personal medical history: general health problems/ diseases	
Children from previous partnerships	
Semen analysis already performed? (please bring reports)	
Nicotine	Anabolic steroids
Surgeries	
Urological examinations?	When? Where?
Urological diseases?	Undescended testicle? Mumps disease? Abdominal or genital trauma? Inflammation? Varicoceles?

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## Checklist initial consultation

Whenever possible, you should bring your partner to the initial consultation.

Please remember to retrieve the following documents from previous doctors or labs in advance, as they allow us to make an individual assessment of your personal situation and derive the most concrete recommendations possible. If not yet determined, we can arrange for the examinations later (if necessary).

### Top 3 List of examinations: please be sure to send in advance by email / mail

1.  Hormone values: FSH, AMH   2.  Semen analysis   3.  Results of the tubal examination

## Other helpful documents

- Reports of previous fertility treatments (especially old IVF lab protocols and stimulation protocols)
- Blood tests (including hormones, iron levels, vaccination titers (female), infectious serology (female and male))
- Gynecology surgeries reports (e.g., uterine endoscopies, laparoscopies)
- Blood group card (woman)
- Genetic testing (male and female)

## Your Patient Agenda

For the initial consultation, we will take enough time to provide you with comprehensive guidance. We aim to make sure that you receive all the information you need. From our experience, it is very helpful if you prepare a checklist for yourself, and carry it with you, indicating your hot topics.

Thus, please consider the following questions beforehand, which will be of relevance during the consultation: what would you like to know, what is important to you, what do you want to avoid, what you are worried about and which aspects of your fertility journey really moves you.

## Your Patient Agenda

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